

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Spring Village @ Dover Activity Events

September 2023

35 Pointe Place, Dover, NH 03820 Questions? Contact: Deborah Eastman (603) 842-4908 Ext. 104 Activities Subject to Change

8:30 Meet & Greet
10:00 Chair Yoga
11:00 Searching for September
1:00 Indoor Walking Club
2:00 End of The Week Social
3:00 Bird-Watching Crossword Puzzle
5:30 Discussion Group All-Time Favorite Toys from the 1930s-1980s
Happy Birthday Diane F

8:30 Meet & Greet
10:00 Let's Play Cornhole!
11:00 Welcome To September
1:00 Indoor Walk & Item Hunt
2:00 New Month Social
3:00 Helping Hands and or Game Time
5:30 September In History

8:30 Meet & Greet
10:00 Sunrise Exercise
11:00 Prayer & Song
1:00 Indoor Walk & Item Hunt
2:00 Sunny Sunday Social
3:00 Helping Hands and or Game Time
5:30 Paul Anka & His Music

8:30 Meet & Greet
10:00 Exercise
11:00 Learning About Labor Day
1:00 Indoor Walk
2:00 Labor Day Social
3:00 Bingo
3:30 Helping Hands and or Game Time
5:30 Would You Rather Labor Day Edition

Labor Day

8:30 Meet & Greet
10:00 Chair Yoga
11:00 Short Story
1:00 Indoor Walk
2:00 Tasty Tuesday Social
3:00 Hard at Work Crossword Helping Hands and or Game Time
5:30 All About Freddie Mercury

Freddie Mercury's Birthday

8:30 Meet & Greet
10:00 Morning Exercise
11:00 Pet Visits with Remy
1:00 Indoor Walking Club
2:00 Mid-Week Social
3:00 Bingo
3:30 Helping Hands and or Game Time
5:30 The Life of Rocky Marciano

8:30 Meet & Greet
10:00 Let's Get Strong!
11:00 Sept. Celebrity Challenge
1:00 Indoor Walk & Item Hunt
2:00 Tasty Thursday Social
3:00 Helping Hands and or Game Time
5:30 Happy B-Day Grandma Moses

8:30 Meet & Greet
10:00 Target Toss Challenge
11:00 Music, Music, Music
1:00 Indoor Walk & Item Hunt
2:00 Finally Friday Social
3:00 Helping Hands and or Game Time
5:30 Iceland? Yes, let's go!

8:30 Meet & Greet
10:00 Morning Exercise
11:00 Famous September Birthdays
1:00 Indoor Walking Club
2:00 Super Saturday Social
3:00 Karaoke
5:30 Happy Birthday Colonel Sanders & All About A KFC Wedding

8:00 Meet & Greet
10:00 TV Church Service
11:00 Hymns
1:00 Indoor Walking Club
2:00 Grandparents Day Social
3:00 Happy Grandparents Day Crossword Puzzle
3:30 Helping Hands and or Game Time
5:30 The History of Grandparents Day
Happy Birthday Jon Grandparents Day

8:30 Meet & Greet
10:00 Move to Improve
11:00 Plant & Animal Challenge
1:00 Indoor Walk & Item Hunt
2:00 New Week Social
3:00 Bingo!
5:30 Life & Music of George Jones

Patriots Day

8:30 Meet & Greet
10:00 Bocce Contest
11:00 The Magic of Harry Houdini
1:00 Indoor Walk & Item Hunt
2:00 Chocolate Milkshake Social
3:00 Helping Hands and or Game Time
5:30 The Great Athlete Jesse Owens

Chocolate Milkshake Day

8:30 Meet & Greet
10:00 Morning Exercise
11:00 Resident Council
11:00 Pet Visits with Remy
1:00 Indoor Walking Club
2:00 Monthly Birthday Party with Josie
3:00 Bingo
5:30 You Guess Who I Am?

8:30 Meet & Greet
10:00 Morning Exercise
11:00 Occupational Trivia
12:00 Cookout
1:00 Indoor Walking Club
2:00 Tasty Thursday Social
3:00 Deer in Headlights Card Game
3:30 Helping Hands and or Game Time
5:30 All About Milton Hersey

Rosh Hashanah Begins

8:30 Meet & Greet
10:00 Chair Yoga
11:00 September IQ
1:00 Indoor Walking Club
2:00 End of The Week Social
3:00 Spelling Fall Harvest Crossword Puzzle
3:30 Helping Hands and or Game Time
5:30 Facts About The Star Spangled Banner

Oktoberfest Begins

8:30 Meet & Greet
10:00 Bowling Fun!
11:00 What Is Oktoberfest?
1:00 Indoor Walk & Item Hunt
2:00 Oktoberfest Social
3:00 Helping Hands and or Game Time
5:30 PM Program: Lauren Bacall Bio

8:30 Meet & Greet
10:00 Sunrise S-t-r-e-t-c-h
11:00 Prayer & Song
1:00 Indoor Walk & Item Hunt
2:00 Heritage Baptist Church Service
3:00 Trivia & Snack Gathering
5:30 Let's Experience Life in Israel

8:30 Meet & Greet
10:00 Exercise
11:00 Trivia
2:00 New Week Social
3:00 Bingo
3:30 Helping Hands and or Game Time
5:30 Things you Didn't Know About the US Air Force

8:30 Meet & Greet
10:00 Chair Dancing
11:00 What am I
1:00 Indoor Walk
2:00 Tasty Tuesday Social
3:00 Sing Along with Susie Q
3:30 Helping Hands and or Game Time
5:30 8 Things You Probably Didn't Know About Mary Tyler Moore
Happy Birthday Merle C

8:30 Meet & Greet
10:00 Morning Exercise
11:00 Pet Visits with Remy
1:00 Indoor Walking Club
2:00 Memorial Service
3:00 Table Games or Helping Hands
5:30 Greta Garbo's Birthday

8:30 Meet & Greet
10:00 Mini Golf Day
11:00 Peace Maker Profiles
1:00 Indoor Walk & Item Hunt
2:00 Peace Day Social
3:00 Helping Hands and or Game Time
5:30 Let's Go to The Circus!
International Day of Gratitude

10:00 Balloon Volley Contest
11:00 Animal Crackers Fun!
1:00 Indoor Walk & Item Hunt
2:00 Finally Friday Social
3:00 Helping Hands and or Game Time
5:30 Who Was Junko Tabei?
Happy Birthday Carmela

8:30 Meet & Greet
10:00 Time to Move!
11:00 Balloon Volleyball
1:00 Indoor Walking Club
2:00 Hot Apple Cider Social with Apple Donuts
3:00 Autumn Message
3:30 Helping Hands and or Game Time
5:30 Revolutionary War Trivia
Autumn Begins

8:00 Meet & Greet
10:00 TV Church Service
11:00 Jonah & The Whale
1:00 Indoor Walking Club
2:00 Refreshment Social
3:00 Dog Coloring Pages
3:30 Helping Hands and or Game Time
5:30 Yom Kipper True or False
Yom Kippur Begins

8:30 Meet & Greet
10:00 New Week Exercise
11:00 Who Was the Brat Pack?
1:00 Indoor Walk & Item Hunt
2:00 New Week Social
3:00 Bingo!
5:30 How Typhoid Mary Got Her Name.

8:30 Meet & Greet
10:00 Ladder Ball Contest
11:00 French Oceanographer Jacques Cousteau
1:00 Indoor Walk & Item Hunt
2:00 Afternoon Matinee
3:00 Trivia & Snack Time
5:30 Who Were the Little Rock Nine?

8:30 Meet & Greet
10:00 Morning Exercise
11:00 Pet Visits with Remy
1:00 Indoor Walking Club
2:00 Refreshment Social
3:00 Bingo
3:30 Helping Hands and or Game Time
5:30 Towering Facts About Giant Sequoias

8:30 Meet & Greet
10:00 Morning Exercise
11:00 Bean Bag Twister
12:00 Cookout
1:00 Indoor Walking Club
2:00 Tasty Thursday Social
3:00 Brown Categories
3:30 Helping Hands and or Game Time
5:30 What's My Job

8:30 Meet & Greet
10:00 Chair Yoga
11:00 Good Humor Group
1:00 Indoor Walking Club
2:00 End of The Week Social
3:00 Sing-Along with Susie Q
3:30 Helping Hands and or Game Time
5:30 Make Room for Ryder

8:30 Meet & Greet
10:00 Weekend Workout
11:00 GIANT Crossword Puzzle
1:00 Indoor Walk & Item Hunt
2:00 Coffee & Donut Social
3:00 Helping Hands and or Game Time
Program: Barbara Walters & Amazing Interviews
National Coffee Day